



INSIDEOUT
HEALTH & WELLNESS

Safety Guidelines

We are so excited to see you again!

*Please Call from your car when you arrive to check in.

(978) 468-4294

*Please come wearing a facial covering. (masks will be available if forgotten)

*You must complete a screening questionnaire and temperature will be taken.

*Please use alcohol hand sanitizer upon entering our center.

*No additional guests to accompany unless they have an appointment.

*Your practitioner will escort you directly to your treatment room.

* Please reschedule your appointment if you are experiencing any covid-19 symptoms.

Thank you for your cooperation and understanding during this time. We appreciate your support with these guidelines.